

CITY OF YANKTON
Department of Parks and Recreation
Co-ed Summer Sand Volleyball Rules

1. All league matches will be played at Memorial Park volleyball courts. The Coed Sand Volleyball League will play on Wednesday evenings.
2. Teams are composed of six players. Five players may start a match (4 players or less is a forfeit unless approved by the opposing team - if the opposing team agrees to play, the results of the game will count as an official game). Failure to have at least 5 players on the court no later than 5 minutes after the designated starting time will result in a forfeit of game 1 to the opposing team. If the situation doesn't change after an additional 5 minutes (or 10 minutes after the start time), the entire match will be a forfeit for the team that does not have enough players.
3. Teams cannot play with more men than women on a team in any combination – for example, you can play a game with 4 women and 2 men but cannot play with 4 men and 2 women or 3 men and 2 women.
4. Players may be added to vacant spots on your roster throughout the year. However, a player must play in at least 3 matches during the regular season to play during the tournament.
5. If an illegal player competes in the tournament, the team will forfeit all games that the illegal player participated in.
6. Players must be 14 years of age or older. Current college volleyball players and current high school athletes are not eligible to participate. Any participant under the age of 18 must have Parental waiver form signed. Team captains are responsible for have any players 14-17 to ensure the Parental waiver form is completed and signed. Any teams playing with players 14-17 who have not completed and signed the Parental waiver may forfeit games.
7. Team captains must list on the score sheet only those team members that are present.
8. Teams flip a coin for serve.
9. Individual may serve anywhere behind the end line.
10. Game is won when either team scores 21 points with a 2-point advantage and a cap at 25 points. All three games will be played for each match during the regular season. In the tournament, games will be the best out of 3 games played to 21 points, win by 2 with no scoring cap.
11. Forty-five minute blocks of time are scheduled for each game. Please have teams ready to play prior to the scheduled start time.
12. A ball touching any part of the boundary line is good.
13. All city league volleyball matches will be played with the current National Federation of State High School Association rules. Please discuss any questions you have regarding the current high school rules with the official before the match. The following rule is specific to the Adult Coed Volleyball Leagues.
 - a) When the ball is played more than once by a team, at least one of the contacts shall be made by a female player, but there is **no** restriction preventing all three hits to be made by female players.
14. Teams with more than 6 players may rotate in the middle back position (abiding by the girl/guy ratios) or can rotate according to NFSHSA rules.
15. The referee shall direct a play-over if they cannot make a good call on a certain play.
16. There will be **NO** rescheduled games. A match not played will be considered a forfeit. If a team can not make a game, they must contact the opposing team captain and also contact the Department of Parks and Recreation at least 48 hours before their scheduled match – this is a courtesy rule.

17. Matches will be moved to the Summit Activities Center if weather or playing conditions does not permit play outside. Listen to KYNT and KVHT for any site changes.
18. Completed rosters and league fees must be returned to the Summit Activities Center by May 3. League play will start on Wednesday, May 29.