

**City of Yankton**  
**Department of Parks and Recreation**  
**Adult Co-ed Volleyball Rules**

**General Information**

- 1) Matches will be scheduled on Sunday afternoons at the Summit Activities Center.
- 2) There will be NO rescheduled matches. Any game not played will be a loss for the team not able to play.
- 3) Games may be cancelled due to inclement weather. In the event of a cancellation, a Public Service Announcement will be sent to KYNT and KVHT. Cancellation information will also be available by calling the Summit Activities Center at 668-5234.
- 4) A player must play in at least 3 matches during the regular season to qualify to play in the tournament. If a player does not meet the 3 game requirement, all post-season games that individual participates in will be forfeited. A cancelled or forfeited match does not count as a game toward the 3 game requirement.
- 5) A maximum of 15 people may be listed on your team roster. Players may be added to vacant spots on your roster throughout the year. Remember the 3 game requirement for tournament play.
- 6) Players must be 14 years of age or older. Current college volleyball players and current high school athletes are not eligible to participate. Any participant under the age of 18 must have Parental waiver form signed. Team captains are responsible for have any players 14-17 to ensure the Parental waiver form is completed and signed. Any teams playing with players 14-17 who have not completed and signed the Parental waiver may forfeit games.
- 7) A player can only play for one team during league play.
- 8) Teams are composed of six players. Five players may start a match (4 players or less is a forfeit unless approved by the opposing team - if the opposing team agrees to play, the results of the game will count as an official game). Failure to have at least 5 players on the court no later than 5 minutes after the designated starting time will result in a forfeit of game 1 to the opposing team. If the situation doesn't change after an additional 5 minutes (or 10 minutes after the start time), the entire match will be a forfeit for the team that does not have enough players.
- 9) Teams cannot play with more men than women on a team in any combination – for example, you can play a game with 4 women and 2 men but cannot play with 4 men and 2 women or 3 men and 2 women.
- 10) If a team needs to forfeit a match, please call the SAC and notify Brittany or Sonya 48 hours to the scheduled match. This is a courtesy rule.
- 11) The team's second forfeit will result in a suspension from participating in the end-of-season tournament.
- 12) Teams will not be asked to line judge. If there is a questionable call, the official has the option of replaying the ball.

**Game Equipment and Rules**

- 1) The Department of Parks and Recreation will provide the official red, white, and blue game ball.
- 2) A score sheet will be supplied by the Department of Parks and Recreation and kept by the officials throughout the match. It provides space for line-ups and team scoring. Team captains must list on the score sheet only those team members that are present.
- 3) All city league volleyball matches will be played with the current National Federation of State High School Association rules. Please discuss any questions you have regarding the current high school rules with the official before the match. The following rule is specific to the Adult Coed Volleyball Leagues.

- a) When the ball is played more than once by a team, at least one of the contacts shall be made by a female player, but there is **no** restriction preventing all three hits to be made by female players.
- 4) Scoring:
  - a. Flip scorecards will be used. Team captains may request a time out to review the accuracy of the score if they feel there is a discrepancy.
  - b. All three games will be played for each match during the regular season. Rally scoring will be used. Games will be played to 21 points and win by 2 with a cap at 25. Forty-five minute time blocks of time are scheduled. Please have teams ready to play prior to the scheduled start time.
    - a. In the tournament, games will be the best 2 out of 3 games played to 21 points, win by 2 with no scoring cap.
  - c. For the first game of the match, the choice of serve or playing area shall be decided by a coin toss by the official between the designated captains of each team. For the second game, teams shall change playing areas and the team not serving first in the first game will serve first in the second game. If a third game is required to decide the match, team captains will meet at the net for a coin toss. The team captain that did not call the first coin toss will make the call. They may choose to serve or receive. The other team will have their choice of side.
- 5) Timeouts:
  - a. Each team will have 1 time-out per game. Time-outs may be 1 minute long. Time-outs do not carry over from game to game.

#### **Further Information**

- 1) Players are not to bring children to the Summit Activities Center unless a supervisor, other than a player, is present.
- 2) Adults and children at the Summit Activities Center that are spectators do not have to pay an additional fee. Anyone who wishes to use the facility will be required to have a membership or pay the daily fee. Adults and children at the Summit Activities Center are not allowed to run around, shoot baskets or otherwise do activities that may interfere with on court matches.
- 3) No players shall act in an unsportsmanlike manner while in the facility before or after the match. The warning and eviction cards may be used to discipline participants.
  - a) A yellow card (warning) and the red card (ejection) procedure will be used by the officials when teams, participants or spectators are displaying unsportsmanlike conduct. It includes but is not limited to the following:
    - i) Attempting to influence or questioning a decision of the officials.
    - ii) Disrespectfully addressing a decision of the officials.
    - iii) Kicking or throwing the ball or abusing the Department of Parks and Recreation's equipment or facility.
  - b) Individuals receiving two or more red cards will be suspended from the league for the remainder of the season. Individuals do not have to receive a yellow card prior to a red card. It will depend on the severity of the incident. These will be accumulative for the season **NOT** per game.
- 4) Smoking or use of any form of tobacco products is not allowed at the Summit Activities Center or any Yankton School buildings.
- 5) Team rosters must be returned into the Summit Activities Center by Friday, October 12, 2018.