



\$1 DAY PASSES ALL MONTH

At the Summit Activities Center
 1801 Summit Street Yankton, SD (605) 668-5234



- ### Mondays & Wednesdays
- Boot Camp 6:00-6:45 AM
 - Water Aerobics 8:30-9:30 AM
 - Prime Time for Seniors 9:00-9:45 AM
 - Workout Express 12:15-12:45 PM
 - Tabata 5:15-5:45 PM
 - Water Aerobics 5:30-6:30 PM
 - Power Abs 5:45-6:00 PM
 - Workout Express 6:00-6:30 PM
 - Open Swim 6:30-8:30 PM
 - **\$1 Day Passes All Month**

- ### Tuesdays
- Water Aerobics 8:30-9:30 AM
 - Workout Express 12:15-12:45 PM
 - Yoga Rest & Relax 4:30-5:30 PM
 - Tabata 5:15-5:45 PM
 - Power Abs 5:45-6:00 PM
 - Yoga Basics 5:45-6:15 PM
 - Workout Express 6:00-6:30 PM
 - Zumba 6:30-7:15 PM
- ### Thursdays
- Water Aerobics 8:30-9:30 AM
 - Workout Express 12:15-12:45 PM
 - Yoga Rest & Relax 4:30-5:30 PM
 - Tabata 5:15-5:45 PM
 - Power Abs 5:45-6:00 PM
 - Yoga Basics 5:45-6:15 PM
 - Tabata 6:00-6:30 PM
 - Zumba 6:30-7:15 PM

- ### Saturdays
- Water Aerobics 9:15-10:15 AM
 - Zumba 9:15-10:15 AM
(February 15th ONLY)
 - Yoga Rest and Relax 10:30-11:45 AM
 - Yoga Focus 12:00-12:45 PM
 - Open Swim 1:00-5:00 PM

- ### Fridays
- Boot Camp 6:00-6:45 AM
 - Water Aerobics 8:30-9:30 AM
 - Prime Time for Seniors 9:00-9:45 AM
 - Open Swim 6:30-8:30 PM

- ### Specials:
- **20% off Summer pool pass**
 - 10% off annual memberships (exclude corporate and EFT)
- \$1 Day Passes All Month**

NO SCHOOL SWIM SPECIALS:
 MONDAY, FEBRUARY 17TH 1-5 PM
 Free for Members & \$1 for Non Members
YANKTON MORNING
OPTIMIST CLUB FREE SWIM:
 Tuesday, February 18th
 Open Swim 1-5pm & Open Gym 1-3pm

Open Skate Ice Arena
 \$5 admission

Saturday, February 1st: 1-4pm
 Saturday, February 8th: 1-4pm
 Monday, February 17: 1-3:45pm
 Tuesday, February 18: 1-3:45pm
 Saturday, February 29th: 1-4pm

Summit Activities Center Hours:
 Monday-Friday 5:00 am - 10:00 pm
 Saturday 8:00 am - 8:00 pm
 Sunday 8:00 am - 8:00 pm